



TRADITIONAL CHINESE MARTIAL ARTS

INSTITUTE "CHUEN"

国國術學院

Traditional Chinese Martial Arts

Institute "CHUEN"

St. Gabriel's Halls, Churchill Gardens

SW1V 3AA Pimlico, London

Web: [www.traditionalwingchun.uk](http://www.traditionalwingchun.uk)

## CHINA TOUR 2018



*Pagoda Forest  
in Shaolin Temple*



*Shaolin Temple*

...This beautiful scenic and cultural exploring Tour will take us back to ancient times to the origins of Chinese Martial Arts and their creation. Famous Shaolin Temple and sanctuary of Northern Chinese Martial Arts, and as famous Wudangshan or the cradle of Tai ji Quan, will be visited. We are honored to have this opportunity and to learn Wudang Tai Ji Quan from the most devoted and respected masters in Wudangshan. However, there will be much more excitements in visiting beautiful Hangzhou or "Garden of China", Luoyang one of six capitals of China and much more. Join us for this special and a life time experience, designed for Chinese culture admirers and learners through Chinese Martial Arts.



*Purple Temple in Wudangshan*



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**16<sup>th</sup> – 30<sup>th</sup> April 2018**

**DAY 1 - 16<sup>th</sup> Apr** - Departure from **London Heathrow Terminal 3 at 13:35**

**DAY 2 - 17<sup>th</sup> April**

- ∞ Arrival in Shanghai Pudong Intl Airport
- ∞ Transfer to Hangzhou and check in the hotel

**DAY 3 - 18<sup>th</sup> April**

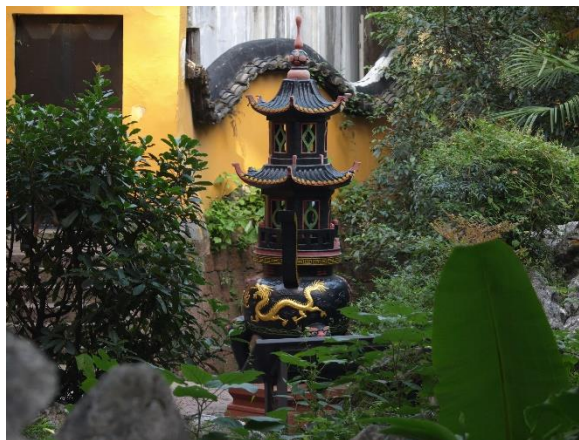
- ∞ Breakfast at the hotel
- ∞ Wudang Tai Ji Quan with Master Fan
- ∞ Visiting Baopu Daoist Temple, West Lake
- ∞ Dinner

**DAY 4 – 19<sup>th</sup> April**

- ∞ Breakfast at the hotel
- ∞ Heading for Suzhou (Grand Canal cruise, Panmen city gate, Silk, and Embroidery Museum)
- ∞ Arrive Wuzhen in the afternoon, enjoy Oriental Venice life and local water town delicacy.

**DAY 5 – 20<sup>th</sup> April**

- ∞ Breakfast at the hotel (Marriot Courtyard or similar)
- ∞ Heading for Eight Diagrams (Bagua) village at Lanxi
- ∞ Back to Hangzhou in the evening and have a dinner
- ∞ Impression West Lake show



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#### DAY 6 – 21<sup>st</sup> April

- ∞ Breakfast at the hotel
- ∞ Check out and transfer to Hangzhou airport;
- ∞ Flying to Zhengzhou and heading for Yellow River scenic area which is considered the origin of Chinese civilization and the birthplace of Chinese culture.
- ∞ Check in hotel and dinner.

#### DAY 7 – 22<sup>nd</sup> April

- ∞ **Breakfast in the hotel**
- ∞ Check out and heading for Dengfeng, visiting Shaolin Temple and Pagoda Forest including a Shaolin Kung Fu show
- ∞ Songyang academy which is one of the top four ancient academies over last 2000 years in China
- ∞ Check in hotel and Dinner



#### DAY 8 – 23<sup>rd</sup> April

- ∞ Breakfast in the hotel
- ∞ Check out and heading for Luoyang, visiting "Longmen" Grottoes
- ∞ Visiting Guanlin Temple
- ∞ Back to Zhengzhou and check in hotel
- ∞ Dinner



#### DAY 9 – 24<sup>th</sup> April

- ∞ Breakfast in the hotel
- ∞ Check out and transfer to airport
- ∞ Flying to Wudang, Shiyan
- ∞ Pick up from the airport and transfer to Wudang Mountain
- ∞ Check in the hotel in mountains
- ∞ Dinner
- ∞ Qigong practice with Master Tan



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**DAY 10 – 25<sup>th</sup> April**

- ∞ Breakfast in the hotel
- ∞ Qigong practice with Master Tang
- ∞ Sightseeing (visiting Purple Temple)
- ∞ Wudang Tai Ji Quan practice with Master Tang
- ∞ Dinner

**DAY 11 – 26<sup>th</sup> April**

- ∞ Breakfast in the hotel
- ∞ Qigong practice with Master Tang
- ∞ Sightseeing (visiting Nanyan Temple)
- ∞ Wudang Tai Ji Quan practice with Master Tang
- ∞ Dinner

**Day 11 – 27<sup>th</sup> April**

- ∞ Breakfast in the hotel
- ∞ Qigong practice with Master Tang
- ∞ Sightseeing (visiting Tai Ji Quan school, Tian)
- ∞ Wudang Tai Ji Quan practice with Master Tang
- ∞ Dinner

**DAY 12 – 28<sup>th</sup> April**

- ∞ Breakfast in the hotel
- ∞ Qigong practice with Master Tang
- ∞ Sightseeing (visiting the Golden Peak including the tickets of cable car)
- ∞ Wudang Tai Ji Quan practice with Master Tang
- ∞ Dinner



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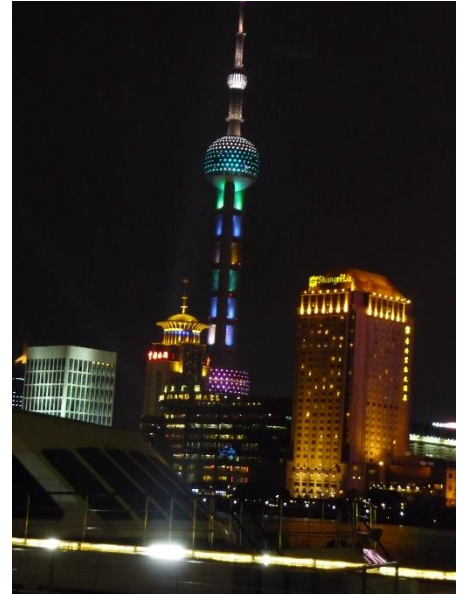
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**DAY 13 – 39<sup>th</sup> April**

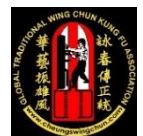
- ∞ Check out and transfer to the airport
- ∞ Breakfast packed in boxes and to be served on the bus
- ∞ Flying to Shanghai (11: 10 / 13: 05)
- ∞ Pick up from the airport and transfer to hotel
- ∞ Free time and may visit the Butterfly sword museum

**DAY 15 – 30<sup>th</sup> April**

- ∞ Breakfast in the hotel
- ∞ Airport transfer to the Intl Airport Pudong and flying back to London (place of origin)



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## IMPORTANT NOTES

\* On this tour, we will be visiting more places and will be travelling with different means of transport, therefore it is strongly recommended that you keep your luggage to a minimum, especially if you intend to do some shopping.

\* Since we will participate in physical activities and have regular training, please consider having spare T-shirts.

\* Accommodation - four-star hotels with standard double rooms, two people sharing a room, however, single rooms are available with additional cost (see the booking form).

\*The weather in this part of China is moderate with average daytime temperature of 25°C and 15°C at night. It would be convenient to have some warm clothes especially when during the stay in Wudang Mountain in the evening hours.

*\*\* It is generally advised to purchase drinking water and NOT to drink tap water throughout the entire trip.*

\*Please note that most of travellers MUST obtain VISA to enter China, valid passports for at least six months is necessary. You will be provided with all relevant documents for obtaining a visa. For more information about Chinese visa requirements please visit the following link: <http://www.chinese-embassy.org.uk/eng/visa/>

\*It is strongly recommended to obtain travel insurance for China, in addition it is a requirement for obtaining a Chinese visa.

People who will be travelling from abroad (outside the UK) and arranging flight tickets will be meeting us in Hangzhou on 17<sup>th</sup> April at the hotel. They will have arranged an airport transfer to the hotel and will be waiting for them at the airport.



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**COST AND FEES:**

\*Travelling from London to Shanghai and all inclusive (international flights, domestic flights, accommodation, transport, meals, seminars, training) **£2460.00**

\*For a single room request additional cost of **£440.00** will apply

\*Joining us in Hangzhou including (domestic flights, accommodation, transport, meals, seminars, training fees) **£1790.00**

**Note:**

*Sightseeing program is not compulsory although most of the entertainment tickets are included*

## TERMS AND CONDITIONS

### Deposits and Payments:

It is essential to reserve your place by 10th November 2017 with £800.00  
Deposit for 50% of the total cost is due 15th January and full payment is due 15<sup>th</sup> March 2018  
Different financial plans and instalments are available, monthly instalments or similar. If you wish to arrange different payment plan, please contact us.

### *Payments can be made by bank transfer to:*

Bank name: **HSBC**  
Bank account: **81746758**  
Sort code: **40 - 01 - 13**

### Cheques:

*All cheques should be payable to "Traditional Wing Chun Academy CHUEN"*

### International bank transfer details:

International Bank Account: **GB77HBUK40011381746758**  
Branch Identifier Code (BIC): **MIDLGB2105K**



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### **Cancellation policy:**

\*All bookings are processed as soon as we have received your application form and all arrangements are made instantly, flights, accommodation, etc., therefore in case of cancellation the following charges will apply:

\*A fee of £800.00 or the deposit will incur.

\*If the booking is cancelled less than 60 days before the departure NO REFUND will be available

\*Cancellation will be effective from the moment we receive a cancellation notice.

\*If you wish to cancel you may contact Traditional Wing Chun Kung Fu Academy "CHUEN"

**Email:** [info@wingchunchuen.co.uk](mailto:info@wingchunchuen.co.uk)

**Phone number:** + 44 79 6991 6986

### **ITINERARY**

The organisers reserve the right of change of nominated itinerary, hotels, schedule etc., if circumstances change. This would only apply for the best interest of participants or any other operational reasons.



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## NOTES



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